



# LIFE'S ABOUT

Choreographed by: Dwight Meessen & Lee Hamilton  
48 Count, 4 Wall, Improver level line dance  
Music: Life's About To Get Good by Shania Twain  
Contact: dwight\_meesen@hotmail.com



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LINE DANCING WITH ZANDRA

**Info: Start after 16 counts on vocals**

**Walk Fwd x2, Mambo Fwd, Coaster, Mambo Fwd Point**

- 1-2 RF step forward, LF step forward
- 3&4 RF rock forward, LF recover, RF step slightly back
- 5&6 LF step back, RF together, LF step forward
- 7&8 RF rock forward, LF recover, RF point side

**Behind Side Cross, Half Rumba Box Fwd, Toe Heel Stomp, Toe Heel Cross**

- 1&2 RF cross behind, LF step side, RF cross over
- 3&4 LF step side, RF together, LF step forward
- 5&6 RF touch toes beside turned inward, RF touch heel beside turned inward, RF stomp across
- 7&8 LF touch toes beside turned inward, LF touch heel beside turned inward, LF cross over

**Step Lock Step Bkw, Coaster, Vaudeville x2**

- 1&2 RF step back, LF lock across, RF step back
- 3&4 LF step back, RF together, LF step forward
- 5&6& RF cross over, LF step slightly left back, RF dig heel right forward, RF together
- 7&8& LF cross over, RF step slightly right back, LF dig heel left forward, LF together

**Pivot 1/2 L, Diag. Step Lock Step Fwd x2, Diag. Fwd, Touch, Diag. Back, Hook**

- 1-2 RF step forward, R+L 1/2 turn left
- 3&4 RF step right forward, LF lock behind, RF step forward
- 5&6 LF step left forward, RF lock behind, LF step forward
- 7&8& RF step right forward, LF touch beside, LF step left back, RF hook across [6]

**Rock Fwd Recover, Ball Back, Back, Rock Back Recover, Ball Fwd, Fwd**

- 1-2 RF rock forward, LF recover
- &3-4 RF step beside on ball foot, LF step back, RF step back
- 5-6 LF rock back, RF recover
- &7-8 LF step beside on ball foot, RF step forward, LF step forward [6]

**Rock Side Recover, Behind, 1/4 L Fwd, Fwd, Rock Fwd Recover, Shuffle 1/2 L**

- 1-2 RF rock side, LF recover
- 3&4 RF cross behind, LF 1/4 left step forward, RF step forward
- 5-6 LF rock forward, RF recover
- 7&8 LF 1/4 left step side, RF step beside, LF 1/4 left step forward [9]

**Start again**

**TAG: After the 1st, 3rd and 5th wall:**

**Mambo Fwd, Coaster**

- 1&2 RF rock forward, LF recover, RF step slightly back**
- 3&4 LF step back, RF together, LF step forward**

Taught by Zandra McCallum December 2017

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NELSON FIREFIGHTERS HALL  
2336 Fassel Ave., Burlington

Instructor: Zandra McCallum  
Phone: (905) 547-0426

Mon. - Beg 6:00 - 7:30 PM  
Int 7:30 - 10:00 PM  
Thur. - Int/Adv 7: - 10:00 PM



Step Sheet Provided by: Pepsipete.com